

1855 Place Spring Exercise Schedule

Group Exercise/Fitness

****No Classes Spring Break****

Mondays: Jan 22 – April 23

Yoga 7:30 – 8:30p

- Community Center at 507 Ivy Court
- Instructor: Joe

Wednesdays: Jan 17 – April 25

Zumba 8:00 – 9:00p

- Community Center at 507 Ivy Court
- Instructor: FangXie

Classes must average 6+ people per class to remain on the schedule.



These classes have been paid for by REHS so there is no direct out of pocket cost to you! Enjoy!