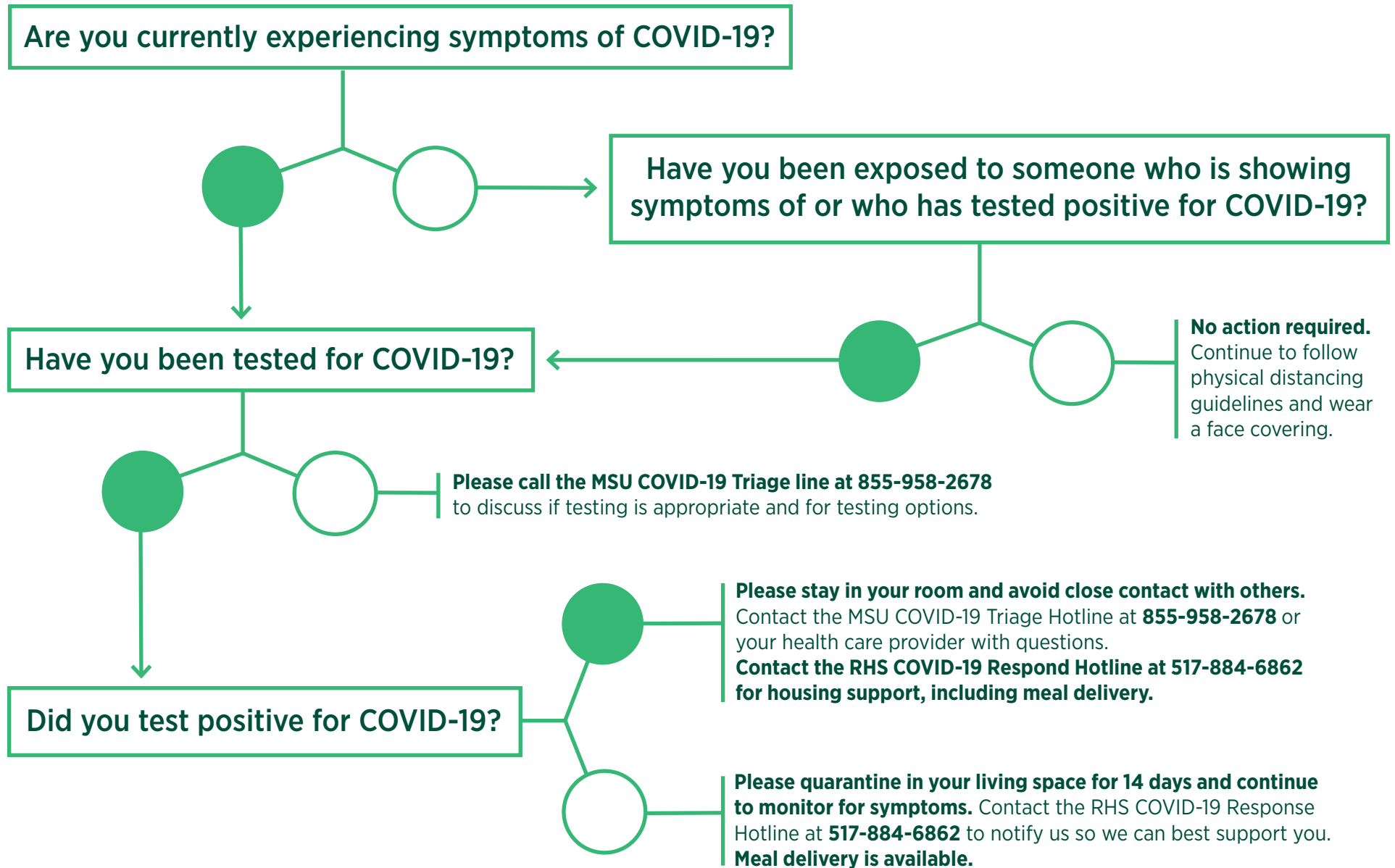


WHAT TO DO IF YOU ARE CONCERNED ABOUT **COVID-19**



Exposure to COVID-19: Contact within 6 feet of an infected person for 15 minutes or more



If you tested positive for COVID-19, please contact your health care provider to determine when you are able to be around others. Continue to wear a face covering, maintain physical distance and practice good personal hygiene.

COVID-19 symptoms may appear 2–14 days after exposure to the virus.

They include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Be sure to reach out if you are feeling down or overwhelmed. Visit caps.msu.edu for additional resources and information.

Students in crisis: If you have an immediate need, call **517-355-8270** and press “1” to speak with a crisis counselor.

Additional contact information:

Olin Health Center

Appointments: **517-353-4660**

24/7 Nurse line: **517-353-5557**

MSU COVID-19 Triage Hotline • 855-958-2678

If you are feeling ill or have tested positive for COVID-19 and have questions.

RHS COVID-19 Response Hotline • 517-884-6862

A resource for residents in isolation and quarantine housing, available 10 a.m.–8 p.m. daily.

For the most up-to-date MSU info on COVID-19, visit msu.edu/together-we-will.

